

## Webinar Report Of Home Science Department

- **Name of the dept:** Department of Home Science
- **Date and time of the Webinar:** 23rd June 2020, 4:00 p.m. to 5:30 p.m.
- **Theme/Topic of the Webinar:** (please enclose brochure): "Supercharge your immune with super foods during this pandemic".



### "Supercharge your immune with super foods during this pandemic"

**NATIONAL  
WEBINAR**  
23 June 2020



#### Key Note Speaker



**Dr. Neeru Bala**  
Associate Professor  
Dept of Food Nutrition & Public Health  
ECHS, SHUATS



**Sr. Dt. Shalini Srivastava**  
Senior Dietitian  
KGMU, Lucknow



**Sri. J. N Mishra**  
Hon'ble Chancellor  
(Patron)



**Dr. Shikha Khare**  
HoD  
Dept. of Home Science  
(Convener)



**Dr. Shikha Singh**  
Asst. Professor  
(Organizing Secretary)



**Mrs. Aisha Parveen**  
Asst. Professor  
(Co-organizing Secretary)



**Dr. S. C Tiwari**  
Vice Chancellor  
(Chairperson)



**Mr. R. L Vishwakarma**  
Registrar



Nehru Gram Bharati Deemed to be University  
Prayagraj, U. P., India  
Free registration - [https://docs.google.com/forms/d/1w3nKxaDZye5JT\\_t23jgEJ6MEjngnVTyo4rsWzi0kTJ0/edit](https://docs.google.com/forms/d/1w3nKxaDZye5JT_t23jgEJ6MEjngnVTyo4rsWzi0kTJ0/edit)  
E certificate will be issued to all participants

➤ **Aims and objectives of the Webinar:**

The main objective of this webinar is to aware people about the super foods and how to boost their immune during this pandemic.

➤ **Presidential address:** (pl mention only name with designation):

Sri. J. N Mishra

Chancellor/ Patron

Nehru Gram Bharati Deemed to be university

➤ **Key note address/speaker:** (pl mention only name ,designation with representing Institution/University):

Dr. Shalini Srivastava senior dietitian king George Medical University Lucknow

Dr. Neeru Bala, Associate Professor, Department of Food Nutrition and Public Health, S H U  
A I T S

➤ **Other Invited Speakers (for technical session):** Name with designation and representing organization along with topic/sub theme):

➤ **Total No. of beneficiaries/ participants attended:**

Total registration - 465

Attended - 102

➤ **Name of the organizing secretary and convenor:**

Dr. Shikha Khare Convenor/Head, NGB(DU)

Dr. Shikha Singh, Organizing Secretary, NGB(DU)

Mrs. Aisha Parveen, Co-Organizing Secretary , NGB(DU)

➤ **Technical assistance provided:**

Mr. Pankaj Yadav

Mr. Sandeep Anand

Mr. Ujjwal Das

➤ **PROCEEDINGS:**

<b>4:00 -4.05 PM</b>	Welcome address - Dr. Shikha Khare, HOD, Dept. Home Science, NGB(DU)
<b>4:05 -4:15 PM</b>	Address of Chairperson- Hon'ble Vice Chancellor, Dr. S.C. Tiwari
<b>4:15 -4:20 PM</b>	Introduction of key note speakers - Dr. Shikha Singh

<b>4:20 -4:40 PM</b>	Keynote Address - Dr. Neeru Bala, Associate Professor, SHUATS, Prayagraj. Topic- Beneficial effects of probiotics consumption on the immune system.
<b>4:40 -5:00 PM</b>	Address of Speaker - Sr. Dt. Shalini Srivastava, Senior Dietitian, KGMU, Lucknow. Topic- Journey of health care professionals with super foods.
<b>5:00 -5:15- PM</b>	Presidential Address of Patron- Hon'ble Chancellor Sri J.N. Misra
<b>5:15-5:30 PM</b>	Vote of Thanks- Registrar Sri. R.L. Vishwakarma

- **Inaugural session:** (brief write up mentioning welcome, keynote , presidential address along with vote of thanks)

One day webinar was organised by the department of Home Science Nehru Gram Bharti deemed to be university Prayagraj. The brief sketch of webinar was given by Dr. Shikha Khare, convenor/ head, Department of Home Science Nehru Gram Bharati Deemed to be university. The welcome address was given by our honorable Vice Chancellor Dr. S.C. Tiwari chairperson of the webinar. After that the brief sketch about the speaker was given by Dr. Shikha Singh , Organising Secretary, NGB(DU). Our first speaker was Dr. Neeru Bala , Associate Professor, Department of Food Nutrition and Public Health, SHUATS, Prayagraj. The topic of her discussion was “Beneficial effect of probiotics consumption on the immune system. The second speaker was Dr. Shalini Srivastava, Chief Dietitian, King George Medical University, Lucknow. She discussed the topic “Journey of health care professionals with super foods”. After the technical session the presidential address was given by hon'ble Chancellor Sri. J.N. Misra, Nehru Gram Bharati Deemed to be University, Prayagraj. Lastly the vote of thanks was given by Dr. R.L Vishwakarma, Registrar, NGB(DU).

- **Technical session** (brief write up):

Our first speaker was Dr. Neeru Bala , Associate Professor, Department of Food Nutrition and Public Health, SHUATS, Prayagraj. The topic of her discussion was “ Beneficial effect of probiotics consumption on the immune system. The second speaker was Dr. Shalini Srivastava, Chief Dietitian, King George Medical University, Lucknow. She discussed the topic “ Journey of health care professionals with super foods”.

➤ **FEEDBACK/ outcome of the Webinar:** (brief write up).

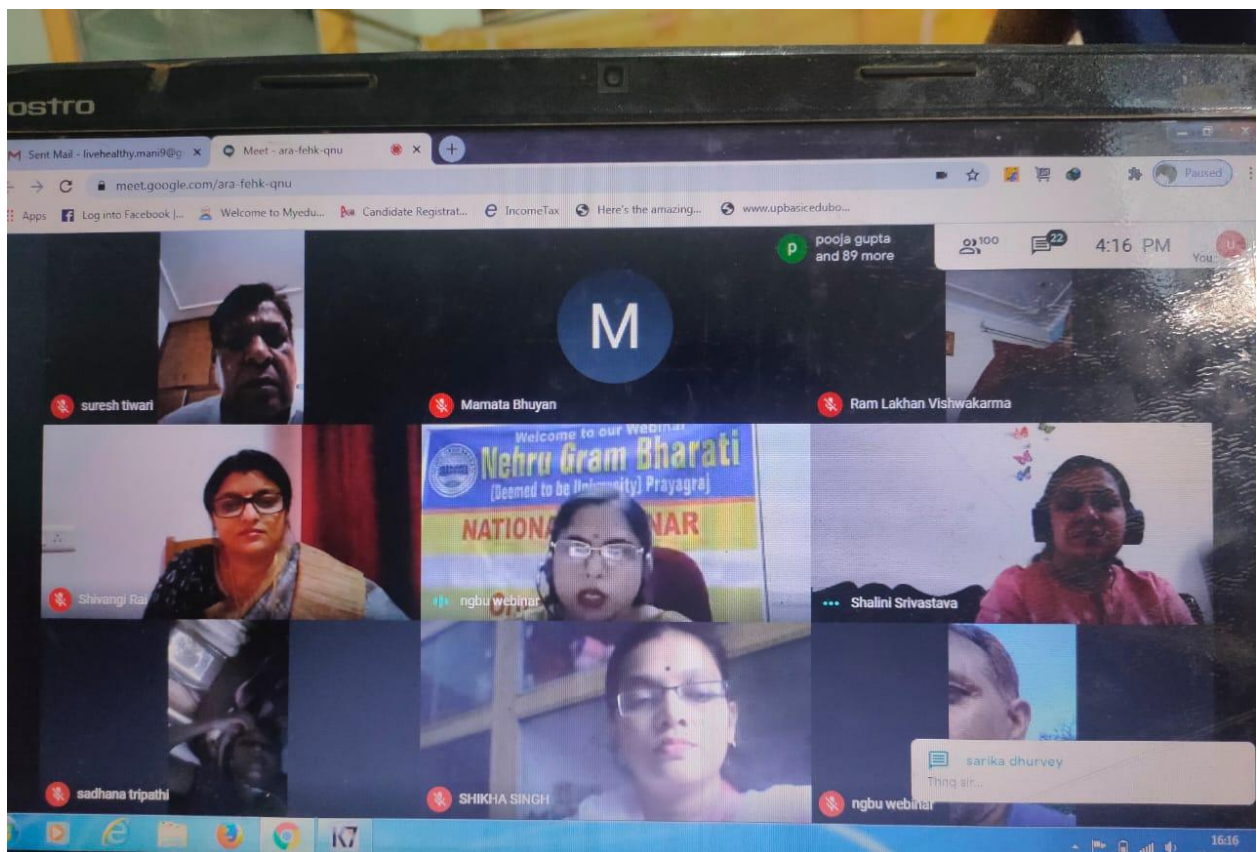
Amazing response and feedbacks are coming from our participants. 465 participants had registered whereas 102 participants viewed our program and responds. We have attached responses. This webinar was knowledgeable as it aware the participants about how to boost their immune system during this blow of pandemic.

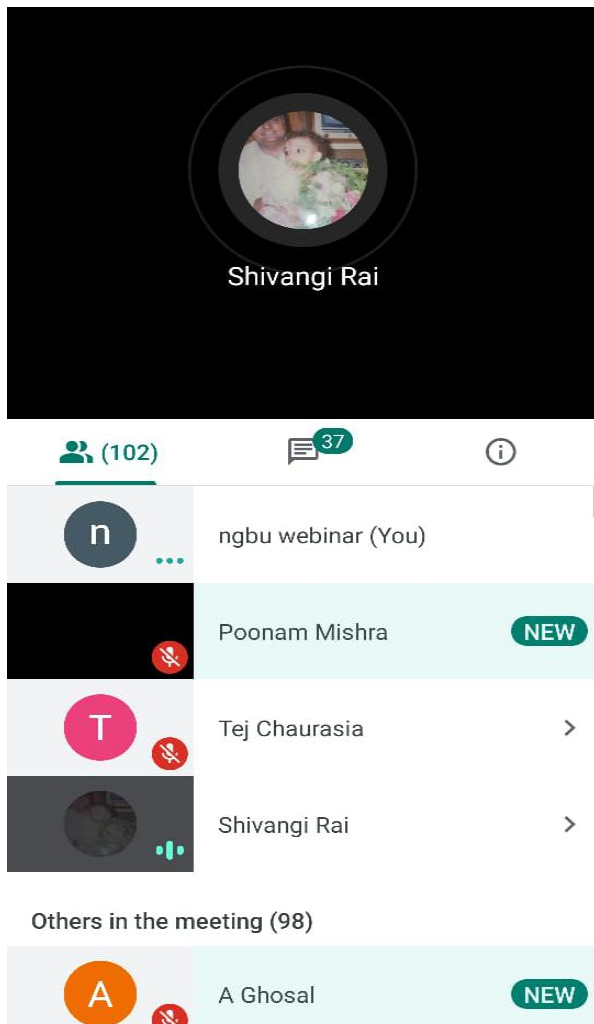
➤ **RESOLUTIONS/ RECOMMENDATIONS:** (brief concluding write up remarks):

We can organise the webinar at zoom app so that more number of participants can join. The recording of webinar should be done or telecast the video at youtube so that participants can watch it later.

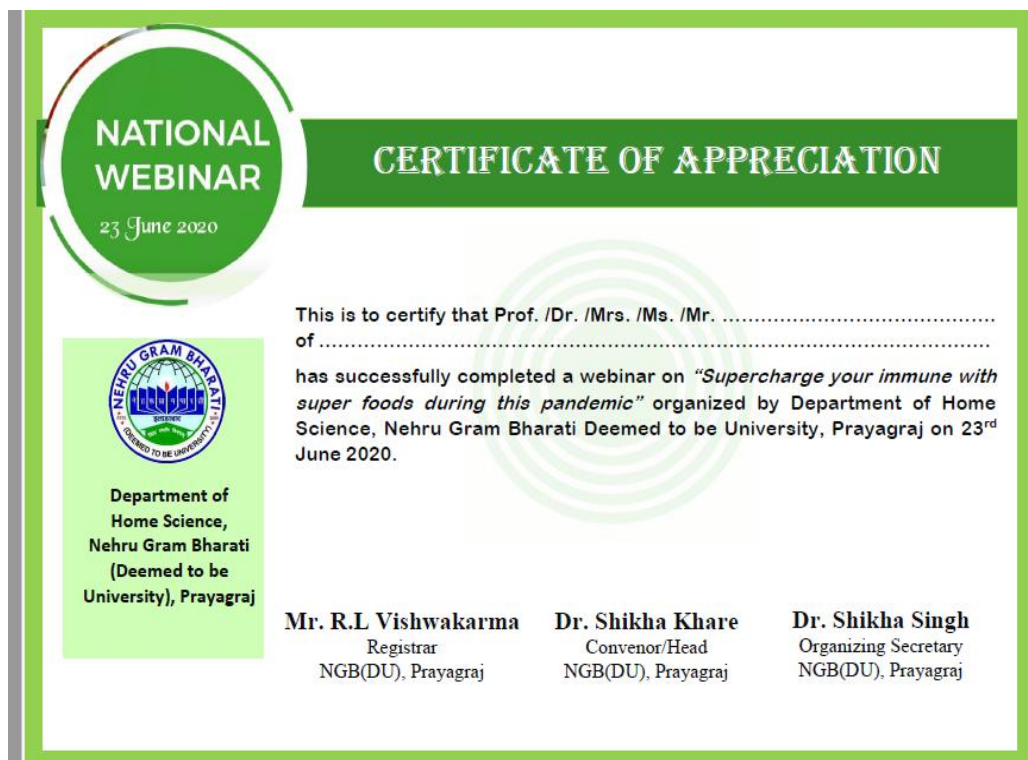
➤ **ENCLOSURES**

pl enclose at least one or two screen shots wherein max no of participants are visible.





➤ sample copy of certificate provided to the participants.



➤ **Name of all teachers in the department, attended the webinar.**

Dr. Shikha Khare

Convenor/ Head

Dr. Shikha Singh

Organizing Secretary

Mrs. Aisha Parveen

Co-Organizing Secretary

➤ **Name ,email and tel nos of all participants. - Shown in Excel sheet attached herewith.**

Dr. Shikha Khare

Co ordinator

Home Science Department